

# RHYTHM2RECOVERY

The Rhythm2Recovery program connects, educates and uplifts participants in a transformational way.

BRING THE HEALING POWER OF MUSIC INTO YOUR PRACTICE



## LIMERICK, IRELAND

10 & 11 MAY 2024

Venue: Music Therapy School, University of Limerick, Castletroy, Co. Limerick

A two day course that provides attendees with the practical tools and skills to introduce music into their practice in order to address the social and emotional challenges faced by their clients or students. No previous music skills are required.

The R2R model is used by counsellors and educators around the world working in diverse fields including trauma, mental health, behavioural education, custodial facilities, child protection and refugee integration.

Access to over 200 practical rhythm games and exercises plus exclusive training videos. Suitable for both counselling and educational settings and can be adapted for individual, family and larger group work.

[rhythm2recovery.com](https://rhythm2recovery.com)

### TOPICS INCLUDE

Developing and Restoring Trust  
Communication

Teamwork

Managing Change

Values & Boundaries

Healthy Relationships

Violence Prevention

Bullying Prevention

Loss & Grief

Emotional Regulation

& Many More

### Testimonials

A very engaging and jam-packed training. Great practical exercises, tools and activities I can adapt to my work. Highly recommended!"

**Cathy Purcell, Music Teacher, Waterford**

"Highly Valuable Training. I enjoyed the fun, the teaching, the learning and the engagement - I look forward to implementing this into my work in the near future.

**Lorraine Ni Ghairbhith, Lecture in Education, Dublin University**

"As a music therapist, I found this course to be very relevant and I will certainly use the many practical ideas and exercises in many areas of my work."

**Kate Fitzpatrick, Music Therapist, Limerick**

### Group Discounts Are Available

Only 24 Places Available

Cost: €250.00 plus €3.00 Booking Fee

Earlybird €230.00 (ends 1st April 2024)

Contact: Simon Faulkner

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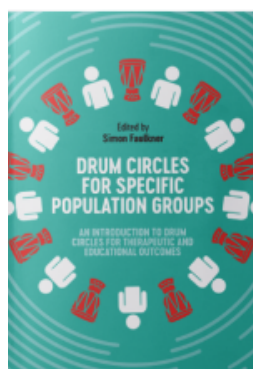
FUN  
ENGAGING  
PRACTICAL  
EMPOWERING

Evidence-Based  
Practice with a  
Client -Centred  
Focus

No previous  
music skills  
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[Click Here to Register](https://cvent.me/YLk105)

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