

Father, where art thou?

An experiential personal development workshop

An experiential workshop examining the complex relationship between father and child and how this impacts relational patterns for subsequent relationships.

We will explore aspects of unavailable, absent father as well as supportive, protective, available father with a view to integrating all.

The work employs Gestalt techniques. Gestalt is primarily a creative, emotional process incorporating body processes, art, music, ritual and expression.

Dates: 17th & 18th February 2024

De La Salle Retreat Centre, Elderfield, Castletown, Co. Laois, R32 N6D8

Cost: €300

Accommodation extra, available on request

For further details contact: Alan Hackett, 087 7474421

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