



## ProfMasters Systemic Psychotherapy

This programme enables clinicians to practice as individual, couple and family therapists in Ireland and abroad. On completion of the 4 year part time training, graduates are eligible for registration with the FTAI (Family Therapy Assoc of Ireland), ICP (Irish Council of Psychotherapy) & EAP (European Association for Psychotherapy). The programme covers: theories of systemic psychotherapy, family dynamics, Equality, Diversity and Inclusion approaches, theories of human development throughout the life cycle, theory of change, understanding of other approaches, psychopathology, assessment and intervention in systemic clinical practice, personal professional development and research. Live supervision of clinical practice is a central and unique feature of this course.

### Course Overview

This course is a professional training to become a Systemic Psychotherapist. Systemic Psychotherapists work with relationships in the context of individuals, couples, families and other groups. It is a creative, innovative and thought provoking model of psychotherapy which places ethics, relationships and language at the heart of the work. The programme also offers opportunities for PhD training in systemic psychotherapy after completing the ProfMasters.

### Open to:

The ProfMasters is open to candidates who have a Level 8 Honours degree (NQF) and relevant experience of working in a responsible and caring role with people. During training they will commence clinical practice so at application must show evidence that this is appropriate at this time. Social workers, nurses, medical practitioners (especially psychiatrists) psychotherapists, psychologists, social care workers, community workers and other professional groups eg. in education, will find this programme of great relevance and a possible basis for a change in the direction of their career.

PROGRAMME CODE

XA01

TAUGHT PROGRAMME

PART-TIME

DURATION

48 MONTHS

### Eligibility

The ProfMasters is open to candidates who have an appropriate undergraduate degree and relevant experience of working in a responsible and caring role with people.

### How to Apply

Applications are through the UCD On-line applications system at [www.ucd.ie/apply](http://www.ucd.ie/apply)

### Contact

Programme Director - Prof Valerie O'Brien  
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### Other Psychotherapy Programmes at UCD

The ProfMasters in Systemic Psychotherapy is one of six modality-specific clinical trainings delivered by UCD School of Medicine Psychotherapy Programmes along with other Psychotherapy Studies programmes.

- Graduate Diploma in Psychoanalytic Studies
- Higher Diploma in Psychotherapy Studies
- ProfMasters in Psychoanalytic Psychotherapy
- MSc in Group Analytic Psychotherapy
- ProfMasters in Child Art Psychotherapy

See [www.ucd.ie/medicine/studywithus/graduatestudies/psychotherapy](http://www.ucd.ie/medicine/studywithus/graduatestudies/psychotherapy) for further details.