

**Name:**

**Address:**

**Email:**

**Date:**

## **PARTICIPANT INFORMATION SHEET FOR INDIVIDUAL INTERVIEW**

**Title of Study: An Exploration into Therapists' Experience of Working with Clients' Religiosity/ Spirituality in Psychotherapy**

**Researcher: Conor Delaney**

Please call on **+353 86 1029351** or email me **conordelaney.therapy@gmail.com** if you require clarification or have any questions or concerns.

**Academic Supervisor:**

My academic supervisor for this study is **TBC**.

You are invited to participate in a research study that will aim to explore therapists' experience of working with clients' religiosity/ spirituality within psychotherapy. Before you decide to participate it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Feel free to ask about anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

### **1. Purpose of the Study**

I am a student on the MSc in Pluralistic Counselling and Psychotherapy at IICP Education

and Training Ltd. The purpose of this study is to explore a therapist's experience of

working with clients' religiosity/ spirituality within psychotherapy.

### **2. Why you have been asked to participate**

You have been invited to participate because you are over 18 years of age, practising within the Republic of Ireland, fully accredited with the Irish Association for Counselling and Psychotherapy (IACP) or the Irish Association of Humanistic and Integrative Psychotherapy (IAHIP), and have 3 years post accreditation experience.

### **3. What will happen if I decide to participate**

If you decide to participate in this study, I will contact you to arrange a mutually convenient time to meet for an interview. During this interview (via zoom), I will ask you questions about your experience of working with clients' religiosity/ spirituality within psychotherapy. I will invite you to share your experience of working with clients' religiosity/ spirituality. This session will last no more than 60 minutes. This interview session will be audio recorded so that I can be fully present to explore your experience of this topic.

#### **4. Potential benefits, risks and discomforts**

There are no anticipated direct benefits to you in taking part in this study. However, possible benefits may be the personal satisfaction in contributing to the research project and in the process of reflecting on your experience of working with clients' religiosity/ spirituality within psychotherapy. Furthermore, the study may provide insight into the experience of working with clients' religiosity/ spirituality within psychotherapy, which can be used to improve practice and increase knowledge in the field.

While this study does not involve any significant risks, although rare, there may be minimal discomfort in voicing personal or negative opinions. You will have the opportunity to debrief with myself, or another therapist, if you wish to do so. Information of support services will be provided to you.

#### **5. Data Collection and Storage**

Following completion of the interview, the recording will be transferred to a secure PC and password protected. The written documentation will be stored in a secure locked cabinet. Research information will be kept in a secure location at my residence: 15 St Joseph's Road, Stoneybatter, Dublin 7. The data will be destroyed after completion of the research project.

#### **6. Confidentiality, Anonymity and Results of Study**

Your identity will not be revealed in the research results. Your name, residence, place of employment, or other details will not be used in this study. Your involvement in this research and all information that you give will be kept strictly confidential. While excerpts from your interview may be used in subsequent reports, your name and any identifying information will be removed from all documentation, all efforts being made to ensure that you cannot be identified. All data will be stored, analysed, and reported in accordance with the Irish Data Protection Act, 1988 and will be destroyed after the submission of this study.

Taking part in this study is entirely voluntary. If you do decide to take part, you will be given a copy of this consent form for your records. If you decide at this point to take part, you are still free to withdraw

at any time, without giving a reason. You are also free to decide not to answer any questions asked or to request that certain answers are deleted. You will be given a copy of this information sheet, the debriefing sheet, and the signed consent form for your own records.

### **7. What happens after the study?**

The results of this study will be used in an assignment for my MSc in Pluralistic Counselling and Psychotherapy. Additionally, anonymous data that is generated may be used in future research papers or presentations. No identifiable data will be present in such papers or presentations. If you would like a copy of the final research paper, you can contact me at the details provided on this form.

**This study has been reviewed and approved by the IICP Research Ethics Committee.**