

Winter Workshop Schedule 2020 to 2021

Each Workshop will run via an online platform

No.	Date	Title of Workshop	Facilitator
1	Saturday 14th November 2020	An Integrative Approach to working with Trauma	Annmarie McCarthy Brophy
2	Saturday 21st November 2020	The Power of Addiction	Donal Kiernan
3	Sunday 22nd November 2020	A Psychotherapeutic understanding of eating disorders and obesity	Iseult White
4	Saturday 9th January 2021	Unmet Expectations with Relationships	Caroline Smith
5	Saturday 23rd January 2021	Storytelling and Psychotherapy	Iseult White
6	Saturday 30th January - Sunday 31st January 2021	The Silver Thread: Life Writing for Therapists and those in the Healing Profession	Martina Breen
7	Saturday 20th February -21st February 2021	Polyvagal-Informed Therapy: Working Relationally with Trauma	Debbie Hegarty
8	Saturday 27th February 2021	Another Love: Understanding the Roots of Addiction	Dr Lorraine Price and Julie Dearden
9	Sunday 28th February 2021	Supervision from a Gestalt Perspective	Karen Ilean Shorten