

Saturday 27th February 2021

Online Workshop 8

Time: 10:00 to 16:00

Workshop Name: Another Love: Understanding the Roots of Addiction

Facilitators: Dr Lorraine Price and Julie Dearden

Another Love: Understanding the Roots of Addiction.

“There are all kinds of addicts, I guess. We all have pain. And we all look for ways to make the pain go away.”

SHERMAN ALEXIE, The Absolutely True Diary of a Part-Time Indian

In this workshop we will be considering the aetiology of addiction. There will be some focus on alcohol and drug misuse.

We will also explore the risks and protective factors involved in alcohol and drug addictions. Focusing on the early relationships of the client and how these can result in attempts to self-medicate by use of alcohol, drugs, food, cigarettes and other self-objects.

We will consider neuroscience, object relations, and traumatology, in order to identify the most effective ways of addressing addiction in the therapeutic relationship.

Bio: Dr Lorraine Price

Dr Lorraine Price' original career was in the British Civil Service and Local Government, eventually specialising in staff training. It was through this role that she became interested in psychology and counselling and attended a number of CPD trainings in this area. She undertook a PG Dip in Counselling, and followed this by undertaking the Masters programme in Integrative Psychotherapy. Lorraine then undertook a Diploma in Clinical Supervision, which is UKCP and ICP validated, eventually becoming a tutor and then Programme Leader of this course for 8 years, . Lorraine then trained as tutor for the MSc in Integrative Psychotherapy Programme, eventually become Programme Leader for this training for 9 years, until 2019. It has been a journey that she continues to cherish. Lorraine's aim as trainer is to help others to develop further in their chosen career and become professional and ethical practitioners who are assets to the profession. As well as teaching, Lorraine runs a busy private practice of Psychotherapy and Supervision in England and a supervision practice in Ireland, and is an EMDR practitioner. Lorraine successfully completed her Research Doctorate in Psychology in 2014, studying the effects and treatment of early infantile trauma upon clients in psychotherapy, and therapeutic regression. She has had two Psychotherapy journal articles published and published her first book in 2016 entitled "Better Late than Never" published by Karnac Books, and now by Routledge. Lorraine has been keynote speaker at a number of UK conferences. Lorraine is now Co Director of a training organisation, Professional Integrative Psychotherapy Seminars, (PIPS) which offers Professional development, personal growth and

experiential interaction, all taught at Masters level. Her interests lie in the use of the therapeutic relationship as therapeutic repair, the treatment of early relational trauma and the link between addiction and relational deprivation.

Bio: Julie Dearden

Julie Dearden comes from a career in nursing in England, then becoming a Genetic Nurse Practitioner. Julie’s original training was in Person Centred therapy, then going on to further her training with a MSC in Integrative Psychotherapy. Julie is a very experienced and skilled practitioner with expertise in working with early relational trauma, attachment disorders and psychopathology. She is an experienced trainer in Integrative Psychotherapy at Sherwood Psychotherapy Training Institute in Nottingham, England, currently holding a teaching and pastoral role as Student year tutor. Julie has also facilitated numerous psychotherapy CPD workshops. Julie is a UKCP accredited Psychotherapist and Supervisor who has been practising for over 22 years. Julie is now Co Director of a training organisation, Professional Integrative Psychotherapy Seminars, (PIPS) which offers Professional development, personal growth and experiential interaction, all taught at Masters level.

Julie’s interests lie in the Relational Matrix as a means of treatment and repair. Julie is an experienced, engaging and exciting facilitator who is able to share her expertise within the field.

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Max number of delegates: 20

Min number of delegates: 10

One-day Workshop Fee: €65.00	All categories of IAHIP members and Non-members	Payable to IAHIP
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Name: _____

Address: _____

Contact Number: _____ E-Mail: _____

Please confirm YES or NO to the following statement: _____

The IAHIP office has my permission to share my email and contact number with the facilitator, in order to ensure I receive my online invitation link to the workshop.