

TRAUMA RESPONSE NETWORK IRELAND

PRESENTS

A comprehensive approach for the early EMDR intervention / EMDR response for mass trauma events

Presented by Elan Shapiro, R-TEP and G-TEP Protocols for Trauma

A two-day training workshop – 12 CPD Points approved by EMDR UK & Ireland Association

This workshop is first and foremost a training event to equip participants with cutting edge EMDR protocols for recent trauma and mass trauma events. These protocols can also be used effectively for the treatment of on-going disturbing events whether historical or recent.

Venue: Dublin Fire Brigade Training Centre, Malahide Road, Marino, Dublin 5

Dates: Saturday 31st August and Sunday 1st September 2019

Cost: €225 for two days – light lunch and tea/coffee included

All profits from this training event will be donated towards the foundation of a not-for-profit service which will become available to provide EMDR therapy and co-ordinated EMDR support in Ireland to people affected by mass trauma.

Details: Two-day training workshop – 12 CPD Points

This workshop is first and foremost a training event to equip participants with cutting edge EMDR protocols for recent trauma and mass trauma events. However, these protocols can also be used effectively for the treatment of on-going disturbing events whether historical or recent.

Day One: EMDR Recent Traumatic Episode Protocol (EMDR R-TEP)

It is proposed that Early EMDR Intervention (EEI), while trauma memories have not yet consolidated or integrated, may be used not only to treat acute distress but can also provide an opportunity for a brief intervention, possibly on successive days, which could prevent complications and strengthen resilience. Checking also for sub-clinical sticking points that can obstruct the Adaptive Information Processing (AIP), the R-TEP may reduce the sensitisation and accumulation of trauma memories.

As part of a comprehensive approach to EEI, this workshop presents the EMDR Recent Traumatic Episode Protocol (EMDR R-TEP), an integrative protocol that incorporates and extends existing protocols within a new conceptual framework, together with additional measures for containment and safety.

Day Two: EMDR Group Traumatic Episode Protocol (EMDR G-TEP)

This workshop presents a practical group protocol application of the R-TEP, with its worksheet format for step by step utilization in emergency situations, making scaled up EMDR informed interventions more available following critical incidents, disaster situations and life changing events with ongoing disturbance.

The R-TEP and G-TEP will be taught with the learning principles of “Describing” (with animated PowerPoint slides) – “Demonstrating” (with video case illustrations) and “Doing” (guided practice and experiential practicum). Clinical cases will be used to illustrate the application of both protocols. In addition, updates on research will be presented.

The R-TEP and G-TEP protocols are evidence based with adults and have been used clinically also with children and adolescents.

This workshop is for anyone who has completed at least Part 1 / Level 1 EMDR Training and is interested in expanding EMDR skills to work with recent traumatic events.

Presenter: Elan Shapiro, a British and Israeli Psychologist and EMDR Institute Facilitator & Consultant, is internationally well-known in the EMDR world for his pioneering work on developing EMDR protocols effective for early trauma response, R-TEP and its simplified application the G-TEP are effective and very useful tools that can be used, in part or whole, in everyday therapy practice. Note that the G-TEP can also be used for families, couples or even individually in some circumstances, since it utilises a large worksheet format that enables drawing or writing responses. Both protocols have been developed for treating fresh trauma experiences, as well as ongoing traumatic stress following adverse life-changing experiences. Elan has already trained over 300 EMDR clinicians in Manchester, London, Newcastle, Plymouth and Wales during the last two years. He won the 2016 David Servan Schreiber Award for his outstanding contribution to EMDR therapy in the development (with Brurit Laub) of the Recent Traumatic Episode Protocol (R-TEP), with its variation of the Group Traumatic Episode Protocol (G-TEP)

Trauma Response Network Ireland - Irish response to Mass Trauma Events

The Benefits of completing RTEP and GTEP Training

All profits from this training event will be donated towards the foundation of a not for profit service which will become available to provide EMDR therapy and co-ordinated EMDR support in Ireland to people affected by a mass trauma event within 90 days.

Completion of this two-day Trauma Response Training in RTEP and GTEP will be one of the pre-requirements for EMDR therapists to be eligible to enrol on the Ireland Trauma Response Panel.

The aspiration is to develop a volunteer panel of EMDR therapists and consultants who will eventually form part of an Irish Trauma Response Hubs Network serving the north, south, east and west of the island of Ireland.

It is also anticipated that the Irish Trauma Response Network will in due course co-operate with other EMDR Trauma Response Networks established, including in the UK and Europe and will be available to participate and assist in various international trauma response projects.

To Book: Please contact Sonjia

Tel: (01) 902 5020

Email: trnireland@gmail.com