

VENUE: 40 NORTHUMBERLAND AVENUE, DUNLAOGHAIRE, CO DUBLIN
Workshop Schedule 2018-2019

EACH WORKSHOP RUNS FROM 10AM – 4.30PM DAILY

Date	Title of Workshop	Facilitator
1. Saturday 15th September 2018:	Self Care for Psychotherapist through 5 Rhythms a Movement	Paula McHugh
2. Saturday 22nd September 2018:	<i>Just say “YES!”</i>	Maureen Levy
3. Sunday 23rd September 2018	<i>Purely Elemental</i>	Patricia Chalmers
4. Saturday 29th September 2018	<i>This Business of Therapy</i> <i>Starting a Therapy Practice</i>	Jude Fay
5. Saturday 6th October 2018	Exploring the Interpersonal Nature of Shame.	Carol Duffy
6. Saturday 13th & Sunday 14th: October 2018	<i>An Introduction to Gestalt Therapy</i>	Karen Shorten
7. Saturday 20th October 2018	<i>Finding our Sons</i>	Jim Fitzgibbon
8. Sunday 4th November	<i>Supervision from a Gestalt Perspective</i>	Karen Shorten

9. Saturday 10th November 2018	<i>Tuning in, being moved: Exploring the Unconscious through movement</i>	José Castilho & Jessica Cottee
10		
Sunday 18th November 2018:	<i>Depression and Anxiety: Disorders of the Self</i>	Barbara Dowd
11.		
Saturday 24th & Sunday 25th November 2018	<i>Decoding the Body</i>	Anne McCormack & Jenny Dean
12.		
Saturday December 1st 2018:	<i>Moving Awareness: Somatisation Of Transference and Counter-Transference</i>	Bernadette Divilly
13.		
Sunday 2nd December 2018:	<i>Working effectively with Addiction</i>	Mick Divine
14		
Saturday December 8th:	<i>Wherever you are, We are: Introduction to Online Counselling</i>	<i>Mary McHugh & Donijka Monk</i>
15		
Saturday 12th & Sunday 13th January 2019	The Tree of Life Workshop :An experiential one day training for Psychotherapists	Patsy Brady & Carl Harris
16.		
Sunday 20th January 2019:	<i>The Underground Stream: An introduction to Curative Writing</i>	Martina Breen