

Saturday 20th and Sunday 14th October 2018

10.00a.m. – 4.30p.m.

IAHIP Office, 40 Northumberland Avenue, Dun Laoghaire, Co Dublin

Workshop 7 - Finding our Sons.

Facilitator: Jim Fitzgibbon

Workshop Description:

Gordon Wheeler's says: "A generation of men has grown up and reached midlife in a "world without fathers." Meanwhile, they have become fathers themselves, either to their own children or as mentors, teachers, supervisors, and helping professionals. This workshop will explore the strengths, blocks, joys and pains in the roles of "fathers", with particular emphasis on the male-male nurturing relationship. Using exercises and group process, we will focus on issues of intimacy, shame, dependency, and the unexamined pain as having to serve as our own models."

Using these lenses, this workshop is intended to be a safe, experiential, place to re-orient, where you can explore together the meaning of "being a human" instead of "being a man". Wheeler says that to "be not do", to not "try to fix it" are the hardest thing for guys. Together we can explore being there *with* rather than being there *for*".

Bio

Jim is a gestalt psychotherapist a graduate of and has continuing CPD with the Irish Gestalt Institute in Tullow. He's been involved for over two decades in healing in different contexts and was awarded a Diploma in Gestalt Psychotherapy in 2007.

Workshop 7 - Finding our sons – Jim Fitzgibbon

Fees: €70.00	IAHIP Accredited Members and Pre-Accredited Associates	Payable to IAHIP
Fees: €90.00	Qualified Psychotherapists of other Professional Organisations/Bodies	Payable to IAHIP
Fees: €50.00	Psychotherapy Students	Payable to IAHIP

Name: _____ Address: _____

Contact Number: _____ E-Mail: _____

Accredited Member /Pre-Accredited Associate of IAHIP: €70.00 Student €50.00

Other professional organisation: €90.00 Please provide name of Prof. Org. here: _____

Max No. of delegates is 12 - Please enclose fee payable to IAHIP.

Workshops cannot be booked without payment & fees are non-refundable.
Send to: Workshop Group, IAHIP, 40 Northumberland Avenue, Dun Laoghaire, Co Dublin