Bob and Rita Resnick invite therapists, counsellors and graduate students of all orientations to three days of Contemporary Gestalt Therapy training with theory and special emphasis on relating the live clinical work to the theory – making both more meaningful. The workshop will be both experiential and didactic training. The Resnicks are particularly skillful in distilling and presenting complicated theory in plain English in an integrative manner.

The workshop will begin with brief theory lectures encouraging questions, comments and comparisons with different psychotherapy models within Gestalt Therapy as well as outside of Gestalt Therapy (contemporary psychoanalysis, person centered, integrative, CBT, existential, systemic, post modern, “evidenced based”, etc.). This will be followed by “hands on” live clinical work with volunteer participants having the opportunities to work on their own personal issues with either Bob or Rita, or, to be therapist themselves with live supervision with one or both of the Resnicks. This is an opportunity to see world-renowned Gestalt Therapy trainers work live followed by comments, questions, discussion and comparisons. Theory, methodology and technique will all be addressed. An exquisitely process-oriented therapy, Gestalt Therapy maintains the flexibility to integrate new ideas and perspectives from many sources thereby encouraging continual perceptual reorganization while maintaining its updated evolving vitality.

Couples and Individual Therapy Film Screening and Discussion:
On Thursday evening, October 4, 2018 there will be a film screening and discussion with Rita and Bob Resnick of both actual couples and individual therapy sessions with real people, dealing with real issues, with real therapists and in real time. There is no extra charge for this screening for workshop participants. The screening is open to the public and especially therapists and students. See “Details” for location, times and cost (for non-workshop participants).

Biographies:

Rita F. Resnick, Ph.D., psychotherapist, has been Faculty Chair of GATLA’s European Summer Residential Training Programs since 1991. She is core faculty of both the Couples Therapy and Individual Psychotherapy training programs. In addition to her private practice, Rita is providing training in Couples and Individual therapy to psychotherapists and allied professionals in the United States, Australia, Europe and Asia. Her professional interests include the exploration of innovative and supportive approaches to supervision and a devoted, passionate (and self-serving) interest in the area of women growing older. Rita’s style is clear, empowering, thoughtful and caring.

Robert W. Resnick, Ph.D., Clinical Psychologist, has been a Gestalt Therapist and Couples Therapist for over 50 years and an international trainer for 50 years. Trained (1965-1970) and personally certified by examination (1969) by Drs. Fritz Perls and Jim Simkin, he was chosen by Fritz Perls to introduce Gestalt Therapy to Europe in 1969. He has been doing training in Europe several times each year now for the past 50+ years. He, along with Rita Resnick, has recently produced a series of contemporary Couples Therapy Films. Bob has also produced a 30-minute Gestalt Therapy Theory synopsis film and eight individual therapy films with subtitles in 9+ languages. Rita and Bob, along with their international faculty, run the premier GATLA European Summer Residential Gestalt Therapy Training Program which is now in its 47th year – the oldest annual psychotherapy training program in the world. Bob’s style is warm and engaging and he speaks with clarity and humor.

Favorito Barbarello, M.Sc. Gestalt Psych., H. Dip. was born in Italy and has been living in Ireland since 1998. He trained initially as a craniosacral therapist, and subsequently started training in Gestalt psychotherapy at G.A.T.L.A. with Bob and Rita Resnick in 2004. For the last 7 years, Favo has been a teaching assistant in G.A.T.L.A. for both the Couples program and the Gestalt programs. Favo is also visiting faculty at several training centres in Europe, has a busy
private practice in Ireland, and with his partner Kevin, runs workshops at home and away. Favo and Kevin set up the Irish Gestalt Training Institute in 2013.

**Kevin McCann, H.Dip. (Hons) in Gestalt Therapy** was born in Lurgan, Co Armagh, Northern Ireland. He continued his training with Gestalt Associates Training Los Angeles (G.A.T.L.A.), becoming a certified Gestalt Therapist, becoming a Group Leader for GATLA in 2011. Kevin lectures extensively in Gestalt therapy, both in Ireland and abroad, and is a visiting lecturer at several Gestalt Institutes. He is an accredited supervisor, and has 30 years experience in third level education and training. Kevin is an accredited member of the Irish Association of Counseling and Psychotherapy and is a former chairperson of the Irish Gestalt society. Kevin also runs a private practice for individuals and couples.

**Details:**

**Venue:** Camden House Hotel, Camden Street 2, Dublin, Ireland

**Times:** Thursday October 4th, 7pm -9pm, Friday, Saturday, Sunday, October 5-7, 2018, 9.30am-5:00pm

**Fee Workshop (including film screening):** €400 (early bird €375 if paid before September 1, 2018)

**Student Fee:** Workshop (including film screening) €300 (early bird €275 if paid before September 1, 2018)

**Fee Film Screening Only:** €20 to public or €10 students

**Other Info:**

Fee is inclusive of tea and coffee provided at breaks.

Accommodation is available at the Camden House Hotel on a bed and breakfast basis which can be booked by contacting +353 1 4283930 or by email at reservations@camdencourthotel.ie. Special workshop B&B rate of €205 per room, per night.

Certificates will be issued for 24.5 hours CPD.

**Payment Details:** Payment can be made directly at Brown Paper Tickets – which accepts either credit cards or Pay Pal.

https://www.brownpapertickets.com/event/3518945

For further information about registration, contact Favo Barbarello or Kevin McCann: Favo: 087 9272441,
Kevin: 087 9272348 animagestalt@gmail.com

You may also contact Rita Resnick: ritaresnick@gatla.org

**Cancellation Policy:**

A €50 processing fee will be charged for cancellations made prior to September 1, 2018. There will be no refunds made for cancellations after September 1, 2018. In the event of the workshop being cancelled by the organizers a full refund will be made.