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# Adoption

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**TRAUMA, IDENTITY AND BELONGING**

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## A Workshop For Adult Adoptees

Facilitated by Daniel Burge

Limerick  
Ireland

17th & 18th  
February  
2018

Dublin  
Ireland

5th & 6th  
May  
2018

Early traumatic experiences are a strong indicator for mental and emotional problems as a child and teenager, and physical illness in adulthood. These traumas leave us feeling very insecure, with unexpressed rage and grief. They are our primal wounds.

This experiential two-day event will take you through a process to heal from separation trauma. The workshop includes the latest developments in trauma therapy, deep listening, exercises, ritual and family constellations work.

*"I was also adopted, and I know exactly how devastating it can be to have a mother leave and not return. If you are adopted, I want to share this opportunity with you. These workshops will be safe, loving environments to help you to heal from your own trauma and become fully alive, joyful and at peace. Everything you bring is welcome."*

- Daniel Burge

Daniel specialises in Adoption and Identity trauma. He is a professional Family Constellations facilitator and trained with Barbara Morgan in the UK. He also studied with Prof Dr Franz Ruppert at the Norwegian Institute for Trauma Studies, completing the Advanced Training in Multigenerational Psychotraumatology. These are Daniel's first events in Ireland exclusively for anyone who was adopted.

**€180 each weekend. Some concessions available on request.**

For more information on Daniel or to book a place please visit:

**[www.danielburge.ie](http://www.danielburge.ie)**

or call **086 209 2067**

