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Practitioners Certificate in Narrative Therapy

Introduction

Narrative Therapy was developed by Michael White and David Epston. It is an approach that recognises people as the experts in their own lives. It understands that our lives are shaped by the stories we tell about ourselves, the stories that others tell about us and the way stories are shaped by our culture and community.

Course Content

- Externalising conversations: the person is not the problem, the problem is the problem
- Re-authoring conversations: telling our stories in ways that make us stronger
- Outsider-witness practices: linking lives and the use of audiences
- Re-membering conversations: considering the memberships of our lives
- Listening for alternative storylines
- Documenting change: The use of letters and certificates

Who Should Apply:

This workshop will be relevant to counsellors, psychotherapists, psychologists, social workers, welfare workers and indeed anyone who is working with the stories of people's lives.

Why attend this CPD Course?

- Learn More about this respectful, non-blaming form of therapeutic engagement.
- Understand what it means to separate the person from the problem.
- Learn how to use and work with an individual's own skills and resources in ways that develop their resilience.
- Explore some Commonly Used Narrative Therapy Techniques.

Award:

On successful completion of the course, participants will receive a Certificate in Narrative Therapy, which is equivalent to Level 1 Training. It will qualify them to proceed to Level 2 Training. CPD: 25 hours.

Cost:

€695.00 (15% discount for IICP Students / Alumni and VCS Counsellors: €590.75)

Participants will be required to purchase Michael White's book "Maps of Narrative Practice".

Dates:

- Monday, 14 May 2018
- Monday, 21 May 2018
- Monday, 28 May 2018
- Monday, 11 June 2018
- Monday, 18 June 2018

Time : 10:00am – 4:00pm

Venue:

IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24.

Facilitator: Thérèse Hegarty, IICP CPD Lecturer

Thérèse began her career as a primary teacher and spent most of her years as a teacher in West Tallaght, where she was involved in the development of the Support Teacher project. She undertook a Masters in Family Therapy at the Mater Hospital (UCD) and manages a community Family Therapy service at CARP Killinarden. She travelled to Adelaide in 2007/2008 to study with Michael White and was awarded the International Diploma in Narrative Therapy and Community Work.

For further information call 01-4664205 or visit www.iicp.ie/cpdcourses/narrativetherapy/